

Wath CofE Primary PE Assessment

Year 5

Areas of Learning	Expected outcomes:	Pupil notes: W or G
Dance	<ul style="list-style-type: none"> • Respond to a range of stimuli and accompaniment. • Perform with expression to convey a variety of moods and feelings. • Demonstrate competence in actions and dynamics. • Begin to use basic compositional principles. • Explore, improve and plan dances in groups. • Comment on work in order to improve skills and performance. 	
Gymnastics	<p>Balance Emphasis of size of body part supporting weight.</p> <ul style="list-style-type: none"> • Balancing right way up and upside-down Different body shapes in balances. Join movements together in sequence. • Receiving Body Weight Different body parts taking weight in balance and travel. • Move smoothly from one balance to another. • Continuity of movement in a sequence with partner. <p>Balance Leading Into Change of Front or Direction Establish different balances on different body parts.</p> <ul style="list-style-type: none"> • Join together run / jump / roll / balance to change face. • Explore travelling in different directions+ levels. Sequence showing changes of direction. <p>Rolling Explore different ways of rolling.</p> <ul style="list-style-type: none"> • Teaching points for forward and backward roll. • Join movements together including a roll. 	
Games	<p>Invasion Games Sending – passing, throwing, kicking to develop control, accuracy and consistency.</p> <ul style="list-style-type: none"> • Send, receive, gather, keeping possession. • Develop spatial awareness and decision making. • Develop dodging, marking, signalling and interception. Revise pass and move and forward progression down the pitch. • Develop tactics for attack and defence across activities. <p>Striking and Fielding Games Develop striking skills and techniques.</p>	

	<ul style="list-style-type: none"> • Develop accuracy of striking and redirecting the ball. • Develop accuracy in underarm and overarm throw. • Receive ball from one direction and throw / strike in another. • Develop fielding skills - collect variety of moving balls. <p>Net / Court / Wall Games Develop striking skills with bats and racquets over a net and at targets.</p> <ul style="list-style-type: none"> • Explore receiving from different angles and sending into different angles on the court. • Develop range of game situations. • Develop and extend skills of striking a large ball over high net “volley” and “dig”. Play basic volley ball mini-game applying skills. <p>Invasion Games (Implement and Kicking) Develop skills with hockey stick – pushing and dribbling.</p> <ul style="list-style-type: none"> • Develop dribbling, kicking and controlling skills with feet. • Encourage safe tackling and develop skill of shielding ball. • Pass and move – receive the ball on the move. • Develop possession play and defending – “falling back” . 	
Athletics	<p>Develop techniques of:-</p> <ul style="list-style-type: none"> • Developing rhythm in running over obstacles. • Sprinting style. • Relay take-over “upsweep” • Estimating duration, distance and speed. • Sprint starts. • Relays. • Throwing – “Pull” throw • Throwing for distance and accuracy. • Jumping combinations. • • Jumping high and long. 	
Orienteering	<p>Develop techniques of:-</p> <ul style="list-style-type: none"> • Recapping and building on all the skills learnt so far. • Make quick decisions. • Navigate accurately between controls. • Plan the most concise route between controls. 	

	<ul style="list-style-type: none"> • Clock Relay – team competition (British Orienteering Federation Rules) • Combination jumping. • Relay take over – downsweep. 	
Overall pupil assessment		
Pupil working below age-related expectations	Pupils working above age-related expectations	