

Wath CofE Primary PE Assessment

Year 4

Areas of Learning	Expected outcomes:	Pupil notes: W or G
Dance	<ul style="list-style-type: none"> • Respond imaginatively to a range of stimuli. • Perform more complex dance phrases clearly and fluently. • Develop simple motifs and movement patterns to structure dance phrases. • Perform a dance with two sections (A and B) that captures the mood of the dance. • Demonstrate a range of descriptive language when talking about and evaluating dances. 	
Gymnastics	<p>Balance Emphasis of size of body part supporting weight.</p> <ul style="list-style-type: none"> • Balancing right way up and upside-down Different body shapes in balances. • Join movements together in sequence. <p>Receiving Body Weight Different body parts taking weight in balance and travel.</p> <ul style="list-style-type: none"> • Move smoothly from one balance to another. • Continuity of movement in a sequence with partner. <p>Balance Leading Into Change of Front or Direction Establish different balances on different body parts. Join together run / jump / roll / balance to change face.</p> <ul style="list-style-type: none"> • Explore travelling in different directions+ levels. Sequence showing changes of direction. • Rolling Explore different ways of rolling. Teaching points for forward and backward roll. • Join movements together including a roll. 	
Games	<p>Invasion Games Sending – passing, throwing, kicking to develop control, accuracy and consistency.</p> <ul style="list-style-type: none"> • Send, receive, gather, keeping possession. • Develop spatial awareness and decision making. • Develop dodging, marking, signalling and interception. • Revise pass and move and forward progression down the pitch. • Develop tactics for attack and defence across activities. <p>Striking and Fielding Games Develop striking skills and techniques.</p> <ul style="list-style-type: none"> • Develop accuracy of striking and redirecting the ball. • Develop accuracy in underarm and overarm throw. • Receive ball from one direction and throw / strike in another. • Develop fielding skills - collect variety of moving balls. <p>Net / Court / Wall Games Hit with a bat to develop technique, consistency and accuracy.</p>	

	<ul style="list-style-type: none"> • Develop the volley. Strike different size / weight balls and shuttles with hands / bats. Move to hit the ball alternately. • Develop accuracy, control and consistency in a range of shots. • Small games over high net to encourage use of volley – place to make difficult for opponent to return. • Problem Solving and Inventing Games Situations encouraging problem-solving, decision-making and making up rules. • Children modify rules of given games. • Develop games drawing on principles, skills and tactics of different “families” of games. 	
Athletics	Develop techniques of:- <ul style="list-style-type: none"> • Sprinting style (use of arms and legs) • Sprinting and changing pace • Relays and simple shuttle take-over • Longer distances - endurance • throwing for accuracy (flingthrow) • Throwing for distance (pullthrow) • Jumping – takeoffs and landings (combinations) • Jumping for distance. 	
Orienteering	Develop techniques of:- <ul style="list-style-type: none"> • Running for speed and distance. • Sprint speed and take-over from behind. • Running over obstacles. • Paced running for distance. • Throwing techniques – push and pull • Throwing for distance and accuracy. • Using different throws for accuracy. • Jumping, high and low. • Combination jumping. • Relay take over – downsweep. 	
Overall pupil assessment		
Pupil working below age-related expectations	Pupils working above age-related expectations	

